Message from 3/3/2012, 8:06 p.m. – My place, Hell's Kitchen, New York City,

It's Time.

When the dust settles and the wind ceases to blow, you wake up and your landscape seems so much different than how it appeared a moment earlier. You have closed your eyes just for a moment and that was enough for a profound change. Time is no longer linear and processes which would have taken centuries to unravel happen as if in a mere day. The quality of energy now permeating your planet is like rain that falls on a tree, and the tree gratefully stands there, present, silent, allowing nature to nourish it. This same tree does not chase the sun. It simply grows from its roots, reaching ever higher. This wise tree knows that all the conditions are ripe for it to become a powerful, mature tree and it does not need to go anywhere in search. The tree is you and the conditions for your growth are right where you are. You do not need to search for the sun, nor do you need to bring the rain. Your role is to be present and offer gratitude.

We do not see the sun nor do we feel the rain, you say. We have been looking for the right conditions to grow and they are like a mirage, moving away each time we get closer. We continually ask for peace, we ask for harmony, we ask for abundance and to move higher and it seems that no one is really listening. Why is that so, you wish to know?

For each of your wishes there is a melody; for each of your requests there is a shape. Each time you ask, your request is registered in the great halls of records through a unique frequency and nothing ever gets lost. We see you ask for peace while being angry at the world for not obeying your request. After all, you wished for a beautiful, benevolent reality that will benefit all. We hear many wish for abundance while being fearful that it will not show up in time to cover their bills. We see you sing the melodies of your dreams and as soon as these melodies are expressed and sent to the halls, you create other frequencies which negate the initial melody and what arrives to the register at the great halls is incoherent, weak communication which looks very different from the one you believe you sent.

I wish to move forward and it feels as if I am moving backward, you say.

And we answer as always, with a deep reverence to your journey: there is no forward nor is there a backward where we come from. You always move in circles and as you grow the circle stretches into a spiral. The only real movement is within you.

Your wishes are frequencies that are the basis for all movement in your physical universe. Your wish is a set of instructions sent from source energy to its environment and this set of orders must be obeyed, as it is a free will universe you are occupying and there is no authority above your own free will.

So why is this world in such a state of disorder, you ask?

And we reply: because of you.

What you see all around you is the manifestation of your collective thought patterns and yes, it is neither harmonious nor beautiful. Beauty is order and beauty is balance and harmony. Your environment obeys your wishes and as you look all around you and realize in despair that what you have created is not what you intended, you may begin to realize how to finally utilize your power to return to balance. This is why we are here, to sound the bell and awaken you to your power because you have been asleep for a long time, the ship is adrift, and you are moving through treacherous waters. You are the captain of your ship, and unless you are awakened, your ship will continue to sail at the mercy of the waves and winds.

All of you have equal power to bring about the reality that serves you and to override the reality which is in disservice to you. It is simple to begin and gets more complicated as the circle stretches and spirals upward. As you walk and act, you emit frequencies. The more harmonious these frequencies are, and the more aligned with the energy of love, the more magnificent the vision you create.

I have been meditating and sending light and visualizing world peace, and the world is no closer to peace. What have I been doing wrong, you inquire?

If your world is not more peaceful as a result of your practice you may want to adjust your practice.

I am not talking about my world, but the world at large, you say.

Be the tree, we say to you and do not go on worrying about the well-being of the forest before you've mastered being the tree. Your most powerful contribution to the forest that you are part of is being the most magnificent tree.

Why is it so, you ask?

Like the tree, your mission is to absorb light and at the same time be rooted in the soil and a part of Gaia. Like an antenna, you are a conduit to frequencies of light, transforming light into energy and into love. Love is the air that humanity needs to inhale for it to ascend higher.

Being the pure conduit is your role. The tree does not worry about the well-being of the forest because it knows that it is the forest. Once you've mastered your own practice, experiencing peace, harmony, balance and feeling loved, you have changed the forest because you are the forest—each and every one of you.

This is not new to you but what we are about to say next may be new and may also change the way you view your life. It is not only that you are the forest and you are the

tree, you are also the soil, the rain, the air, the sun and the stars. When your reality is aligned, exhaling and inhaling love, you change the paradigm for all.

But we've heard that before, you say.

Be the tree, we answer, and be patient, we say with a smile.

Feel the energy around you and connect to the truth that is streaming to you from above and below. Love is your language, and there is a need for only one light to fully decode the language of love and create a union that is recorded in the great halls for peace on earth to become your reality, as if overnight, and this is your potential. You have over 7 billion people occupying this place you call home, and if one sounds the pure tonal frequency it will change your tonal range altogether. This has always been the potential and some of your sacred myths called this frequency "the Messiah."

What, you may ask in bewilderment?

That angel who has the potential to bring about a shift in the tonal range of consciousness on your precious planet is not chosen in advance and it can be any of you at any given moment.

What are the mechanics of such a process, you ask?

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As the conductor of a symphony, you may choose at any given moment to use the baton in such a way that the entire orchestra will change the tune it is playing. Once the conductor makes the sign, each inhabitant on this planet will be asked, in multidimensional space, "Do you wish to accept the new melody?" When the collective gives permission for the melody's tonal range to change, your reality may dramatically shift.

This cannot be, you say. No one can change the reality for all.

It happened before and it will happen again.

We realize that this statement may be controversial so we will explain it metaphorically to make it easier to comprehend. You are all connected, all of the time, through invisible strings. The fact that you do not see these strings does not negate their existence. You are all moving along a continuum of sorts, from one state of awareness higher and higher by collecting different experiences and responding to these experiences, making choices lifetime after lifetime. Your groove was paved for you up until now so you would move within a charted path, sometimes slower and other times faster. Your road was known and your choices along your path determined your progress. You have reached a level on your evolutionary journey as one consciousness exploring itself, to a place where you are no longer moving on a predetermined path and all roads and possibilities are available to you. Spiritually and physically your world becomes more connected than ever before, as

if gravity pulls all of you closer. The more connected you are the faster a ripple can reach all of you from the core center of the circle.

*How can one affect the whole,* you ask?

It happens all the time, but we speak here of a unique frequency that must be aligned with the same trajectory taken by your ascending planet, moving from the earth to the heart, or from first and second chakras to the fourth chakra. You represent the micro and the planet the macro. Once the alignment between consciousness and Gaia is perfected, the baton will give the sign to shift the whole orchestra to a new melody.

What must I do to align, you ask?

The secret answer to this mystery is hidden in the melding and merging of the masculine and feminine into one energy represented by the sphere. This sphere must ascend from the earth to the heart center, opening it fully to become one with all.

Why is it so hard to achieve?

There are only two ways to achieve this melody: for the angel to create a perfect masculine/feminine balance within him/herself and vibrate the oneness rippling frequency of love coming from a place of perfect balance. The other road is for two, through love, to merge their polarities to become one and create a ripple that is perfectly

aligned with the highest frequency of the heart. The two must dance in such away after clearing all inner blocks and heaviness so their polarities will flow without obstructions through the heart.

Each of you who engages in moving higher must work on opening their heart as it is your "now" center replacing the "mind" that was dominating your planet for the past few thousands of years.

What is this talk of being "the Messiah"?

We use the word allegorically to describe a possibility for an immense shift that is a potential in each of you who is working to open her heart. You are a vibration and your reality is symbolic so each act, thought or feeling is expressed through shapes, lights, colors, melodies, and tones. Each of you represents the whole like the code of your DNA which contains your entire blueprint, whether it is embedded in you toenail or a strand of hair. You are a holographic blueprint of your universe, the planet and humanity, so in each of you lies dormant the potential to change the tune for the whole. This tune is not a religious tune nor is it a tune of devotion, sacred text hymn or mantra. An angel who aligns her vibration, shape, light, color, tone and melody with the highest potential of Earth's evolutionary melody activates the portal which ripples the new melody to all humanity, creating an immense shift in the entire consciousness which you are a part of.

The power of the one is immense and the power of the two who become one through love can change your storyboard. If you are still in doubt, know that you are loved just the same. In each of you lies the seed for a majestic tree and we ask you to know that you have all you need to play your most magnificent role at this time on this planet, and so be it.