

Slowing Down

YOU ARE DEARLY LOVED.

Where have you been, we ask with a smile?

I am not sure, you answer.

There is so much confusion permeating every facet of your day-to-day. We see many of you walking fast, juggling so many balls at the same time, but at night when you take stock of the day, you are not sure of the purpose of all the running and juggling. Many of you are walking on your treadmills as if possessed by an inner force that moves you faster and faster, when in fact you have stayed at the exact same place. Moving forward has to do with slowing down, which is again counterintuitive, as are many aspects of your ascension.

What does it mean to slow down, some may wonder?

Slowing down means that you must begin to feel the inner workings of yourself rather than figure out the outer workings of your external reality. To move into your power, you must realize that *you create inter-*

nally everything that shows up in your physical reality. We ask you to connect to the place where everything that you experience emanates from—*inside* you. We see those of you who are trying to figure out the politics of your environment so you can be more effective and influence those around you, believing that this facilitates your progress, helping you to move forward. With all love, we ask you to know where you are heading before you press on. Moving forward has very little to do with your external environment and everything to do with your internal politics. You are a powerful angel, and as such, you create your world every moment. Even during your sleep you are working on creating. The purpose of your life is creation. Creation is a magnificent aspect of coming down to this planet and wearing a human costume. At home, creation happens instantly following a thought. In your linear, limited reality as a human, the same happens but with the delay of time. Knowingly or unknowingly, thoughts and feelings are the power behind all creations. It is why we ask you to slow down—so you can become aware of the chatter that takes place within. As you move from point to point, thinking and feeling without awareness, you continually create, but the creation is like a car driving on the highway without a driver—as if you were a passenger in a driverless taxi. Not a recommended safe path for you to reach your destination.

Many of your obstacles and blocks are created within you while you are busy running on your treadmill, making things happen. Often, as you think you are moving forward, you encounter insurmountable blocks that you yourself created while being busy, and then you blame karma or whoever volunteered to play the blocking role for you as the culprit. With all love, we wish you to understand that there is no one out there who is more powerful than you regarding your own journey. You are the God that you pray for at night. You are the angels, and you are divinity. We are part of you, and when you slow down enough to feel all the forces that are part of your entourage, there is nothing that can ever block your path, your potential, or your destiny. When we say “destiny” we refer to your highest potential as an angel. Destiny is not a set, predetermined aspect of your life, but your highest manifested potential—the one you aspired to while planning your life on the Earth plane. Your destiny means the completion of your contracts, the clearing of your karma and becoming the highest vibrational light being. You become a full-fledged angel walking in a human body spreading love and light wherever you are.

That is your mission and there is no greater mission at this time of Earth ascension. All of you came here to play a role in the most profound change this planet has ever seen in human consciousness. You are the instiga-

tors and renegades who must break free from the idea of being a human, moving closer and closer to becoming an angel in human costume. When enough of you shine your light you will illuminate the whole planet and all those areas dominated by darkness will be transformed. This is the power of which we speak. It all begins with you becoming aware of your thoughts and feelings. For that you must slow down and quiet your inner noise. Become aware of your breath, your heartbeats, your “now” . . . and from that place creation will begin to reflect your highest potential.

What now, you may wonder?

Now it is time for the wind to blow, for the Earth to shake, both within you and externally. You are moving into the energy of sharp and abrupt changes that has to do with global adjustments to the entire planetary consciousness. We see phenomena that will be perceived as irregular all around you, in nature, and within you. Thoughts and feelings that are new to many of you will begin to move into your wakened mind, lighting up a part of your brain that was mostly dormant up until now. We see many begin to sense events before they occur and receive clearer communication from the circle. There is a greater communication between our dimension and yours now than there has ever been on your planet since the time of Lemuria. We see vortexes

of communication opening worldwide like your World Wide Web. The communication that was reserved for only shamans, high priests, and holy persons is now becoming an everyday occurrence for many of you. We see many of you who fear these new tools and use them with caution as if you might break or lose something if you overuse it. With a smile, we wish to use an analogy so that you may *feel* rather than *analyze* your paradigm. You are like a toddler who is learning to speak. As she begins to get used to her vocal cords, much of what you call gibberish is taking place, and many of you enjoy it as parents. It is, however, an essential component of learning to control and use the vocal cords. The same goes for using your intuition, power of extrasensory perception, premonition, and higher guidance: the more you use it, the more proficient you will become. You are evolving at a tremendous speed, and we see many of you who are fearful of using your newly found power in your day-to-day. We see that some of you reserve it to use only in spiritual forums or when you are alone in the room with your candle. This power we speak of was always there for you, but now more and more of you are remembering how to use it. In the past, only a few renegades had access to it. The multitudes are now becoming activated humans through intent. Our mission is to activate more of you so you will remember who you are, awakening to your power and divinity. It is up to you, however, to choose if you

wish to use your new tools or hide them in a drawer. There is never a judgment. You are loved just for being here on this dense reality learning about energy and creation.

Why are you telling us about all that, many of you may wonder?

It's time, we answer with a smile. These tools we speak of are the ones you need to maneuver your new reality. The more you become adept in utilizing them, the more joy, peace, love, abundance, and overall well-being you will experience. There is a split. The split is between light and dark, new energy and old energy. The ones using their new tools are the ones who will be able to navigate in the new energy with greater ease. If you try to find your way using an old energy compass you may get lost—and many of you are lost at this time.

To us it all sounds too abstract, some may claim. There is really nothing concrete to hold on to, others may complain.

If you are using the new tools, you know of what we are speaking, and we can see it in your geometry. We know who you are, as we are with you every sin-

gle day that you are alive on this planet and then afterwards as well.

If you are one of those who has no idea about what we are saying, we ask you to slow down. Take time to walk in nature, observe trees, roll in the grass. Take time to speak to animals and birds, touch crystals and stare at the night sky. Sit down in front of a candle and just hug yourself. These acts, which may seem like a waste of time, are the most valuable gifts you can give yourself in order to learn the language of the new energy. You must return to your center and introduce yourself to your environment. Move away from all modern communication gadgets at times and just be quiet in silence. Listen to the chatter that takes place inside of you, and when the chatter quiets down, you will hear us. It is then that you will feel our hugs, and the feeling of love will bubble up inside of you, creating ripples in your cells. Inside you is where the meeting takes place, and when you get “there” you will feel it. This is our promise to you.

Nothing that we tell you is new to you. We are your brothers and sisters of light, and we come from your future to awaken you. You have asked to be awakened and we came to fulfill your request. We cannot awaken you if you do not wish for it. Your planet is governed by free will. If you are one of the angels who can read our

messages so that they are resonating within you, know that it is your time to awaken to love, health, and joy, riding on the highest frequency now available. Your example will illuminate others and will pave the way for a new dawn for humanity. We love you and we are part of your essence. We have come to meet family. There is nothing more sacred than the hug between an angel and a human. We hug you now, wishing you to become all that you can be in this cycle as this is your mission, and so be it.