

**Notes from 10/29/12: Woodstock, New York -- Hurricane Sandy, no electricity, intense wind gusts and rain, 6:00 p.m.**

*What is the difference between a human and an angel, you ask?*

A human is an angel in training, we say with a smile. An angel is a frequency, a vibration of love. When a human has reached such a vibration, they fully embody the energy of an angel. If we had to guess what the rate is of humans becoming angels, we must say it is too slow. However this is changing now.

*Why is it changing, you inquire?*

When a human is touched by an angel, he or she is forever transformed. When a human is touched by another human through love he or she is forever transformed. Love transforms you, it melts even a rock into sediments light enough to flow with water. Love is not only the substance that flows between two humans in love. Love is you expanding the idea of who you are and linking continually with your higher aspect, which is the "I Am." Your expanded self sees, hears, smells and touches using your senses, but the melody it hears is different, the taste is different, the touch is different. The senses are those of a human but the perception is that of an angel. You are not who you think you are. It is a joke to many that we speak of the angel in the human, but human is just a temporary role you play and indeed it is a sacred role. You come to a place that has you torn between so many choices, at any given moment, and you somehow are miraculously expected to know which choice brings more light?

Many of you are now seeing yourselves in your expanded roles and you are becoming uneasy about what you see. Some of you even think that there is something wrong with yourself. It is because you wake up in the morning one way and when you are ready to go to sleep after a long and challenging day you are different. Something happened along the way. You have changed. What is this change you feel? The answer is, you became infected by love. When the vibration enters your cells and takes hold, your cells link with the universal symphony all around you and you expand, seemingly, overnight.

*How can I tell the difference between the "infected" ones and the uninfected ones, you ask?*

The answer is easy, you fall in love with the infected ones and you want to take them home with you and make them your own. You want to tie yourself to the one infected because you wish to intravenously receive what they have. You want to reside in their heart and be nourished by their light. It may prove difficult because angels are frequency messengers. Their role is to infect you with what they have so you can develop along that path. They are not meant to be holding your hands and taking you along, but activating your own source of love pointing their hands to the direction higher and nudging you to walk, knowing that you are safe and loved. It is your time now to become a full fledged angel by claiming your heart and being a messenger of the most precious and powerful vibration in your universe—LOVE.

More of you are now becoming activated humans and, as you move around and touch others, you infect them with love. Your resonance is infectious. When you touch a soul with your infectious light, that soul is forever changed.

*What makes my life so precious, you wish to know?*

The sacredness of your journey, and the potential to transform, we say.

*You speak in riddles, some may complain.*

We speak to your cells, we answer with a smile. Our dance with you is through love and we do not need to explain it as your left brain is already overworked as it is. You need to feel your heart, and when you feel linked to your heartbeat, you act as a conduit of love. It is impossible to be in the heart and to cause harm. It is impossible to be in the heart at the same time that you are being judgmental. When you feel your heart, you are connecting to the greater love field that is around you. The reason you are here is to activate latent memory within your cellular structure, which will begin a chain reaction. That chain reaction is a dance that we call sacred and, in effect, it is an alignment of the various aspects of your "I am." The alignment is a by-product of your activation. Your path clears itself from barriers and obstacles, your body aligns with a more harmonious melody, your heart opens to love, and your awareness expands to include the larger aspect of you, the "I am." Each human that turns angel changes the balance of light and dark on your planet. When you walk by an angel, you may not see the wings, and you may not notice a halo, but you will surely feel love surging in your veins. Falling in love with an angel is like falling in love with yourself, just now you have become aware that they are an extended you. People may come into your life, and you may feel their light, see their inner beauty, delve into their clarity and purity. You may feel these things so much so that many wish to chain the angel to themselves so they will have access to all that vibration. Dear human, this is not how it works, an angel is a domain that mixes with a human via frequency and not via building a home. If you are adamant that you wish to take an angel home, you will turn her earthbound. When you see a beautiful butterfly, you wish to hold it in your hands and celebrate its joy and beauty, know that when you do their delicate powder rubs off their wings and they can no longer fly. Allow them to fly and rejoice in their existence. Angels stay in the realm of high vibrations, facilitate when needed, direct when needed, open your heart and guide you to open your own doors. When a human turns angel they take on a larger role, the role of a healer in a planetary sense. Any movement is being recorded because it affects the multitudes. When you meet the angel, smile and let them know that you are grateful. Not that they need to hear it, but it is an acknowledgment of this sacred reunion. It is how the above is linked to the below through those who carry higher vibrations acting as conduits.

*Why are you speaking to us about human angels, you ask?*

Because you are one and we ask you to know your role and find peace with it. When you have completed your work here on earth, you may go back to our dimension and facilitate

work from there. There is never rest from where we come from, but it does not feel like work because it is a labor of love. Your other option is to remain on earth but take on a different role. In your spiritual writings you call it ascension. Each time you chose light over darkness your vibration ascends. When you reach a melody that is harmonious with a universal love frequency, you grow wings. With your new wings you can fly. As you soar above your reality and observe all that is taking place from above, you are in a detached place where the day to day does not carry the same weight for you. You see it from a bird's eye and it no longer seems so daunting or threatening. From above everything seems smaller, and placed where it should be. When you spread your wings and become airborne, what seemed to be out of place is no longer so. You find yourself soaring and loving. In whatever shape or form you interact with people they are touched by your melody and can briefly see through your expanded energy the larger context of their reality.

*Why do you tell us all that and why now?*

It is time. More of you are growing wings. You find it challenging to reconcile this reality with your new reality and you feel that something may be wrong. With all love we wish to reassure you that nothing is wrong. The path you are on is sacred and revered by all. Your role is to be a bridge. A bridge must have firm footings on both banks of the river, so those who walk on it can pass safely. This is your expanded role, to lead those who choose to ascend to cross this bridge. Some will want to hang on you, the bridge, and remain in the middle. You are a conduit and you are love, your role is awaken and ignite the memory of others to their own potential. You have chosen to walk and we walk with you, everyday along your path.

*What makes this journey worthwhile, your left-brain inquires?*

Your universal yearning is to expand light in the universe of free choice. A human, who turns angel, plants seeds of light everywhere she sets foot. As she walks, people's hearts open, hands that were clutched surrender, and eyes that were shut closed begin to sparkle. The vibration emanating from a meeting between the one who embodies love and the one who opens her heart to love is like a reunion of twin souls. They merge, and both are changed forever. Love expands and light illuminates. Your role is to be a bridge, a conduit, a lover, and to allow that which crosses your path to touch your heart, without having your heart change colors. You are a vibration, a melody, a frequency, which manifests in form. When you begin to dance to the melody of universal love, you hold the space for all those who came here to light their flames and illuminate earth.

*What is the purpose of all this, your left-brain inquires unsatisfied?*

You exist in a vast reality, much larger than you can ever fathom with your senses. If you had access to a multi-sensory perception sensitive to a wider range of frequency, you would be exposed to some of the activity that is taking place around you.

You emerge from the birth canal of your mother and within a short time you are an adult and then it is time to go back home. What do you think is the purpose for such a journey? Do you believe that it is to make money, or to marry well? Do you believe it is to have a family, or to find a good job? Do you even believe that it may be to find God?

That last one is angelic humor, as you are God. So many of you are on a desperate search to find God and all along that God is hiding inside of you waiting to be acknowledged.

*So what is going on, you ask?*

You are a messenger of light to a reality that is still permeated in darkness and pain. You are here to transform dark to light and allow others to remember who they really are. Your role is simple, create light and ascend. You choose a script, a storyline, a set design, which encompasses your parents, relatives, country and the place you were born to, genetic predispositions, economic and cultural set design, ethnic heritage, then off you go. Now it is on you to take all these colors and mix them well to create your own hues, and learn to use a brush, a palette, your fingers, your toes and whatever tools you have to apply these colors on your canvas. As you apply, you create, and as you create, you transform what was to what is and what will be. You are the creator from day one, but along your path some of you begin to remember and apply all that you have learned, yet forgotten, to your canvas. The time is now to awaken to why you are here. Your light is not in the money you make, nor is it hidden in the car that you drive and your diplomas. Your light is hidden in your heart, and each time you open your heart, light pours out and adds illumination to where there was none. Your choices, thoughts, feelings, and actions are the basis for your vibration.

Like a violin, the pressure of your touch, pulling on the strings and stroking the strings with the bow is how you create music. We walk with you and help you remember. Once you remember you awaken your heart and emit a melody that awakens others. Your planet's rate of human-turning angels is accelerating now and we are in awe of your work. All that we say you already know, but one thing.

*What may that one thing be, you ask curiously?*

It is that you are not whom you think you are. You are us and we are you. When we merge we are God, and so be it.