

NOTES FROM 4/18/10 – WOODSTOCK, NEW YORK
(LUISE LIGHT WAS BURIED TODAY IN RODEF SHALOM
CEMETERY, NEW YORK. SHE CAME THROUGH IN THE
BEGINNING OF THE MESSAGE.)

Self-Love

Hello, I am okay. It has been an amazing journey and I am now on the other side of the fence looking in. Before, I was on the duality side, and now I am whole. It is sunny and warm. I am surrounded by loved ones and friends. I feel love and I emanate love to all of you who journeyed with me when I was in a body. I feel only joy. There is much to do and I will be working tirelessly to bring about the vibrational shift that we all seek. There is a great excitement here and all are talking about the trajectory of humanity at this time towards higher ground. I am with the angels and they all say, "Hi." They send their love and they do have wings. I have been on this journey before and now I am flying again. How I've longed to fly. I wanted my wings back. I wanted to see the light shining all the time and I wanted to be home. It feels so much like the home I was always looking for.

What a joy bubbling in me as I connect to you and allow my thoughts to stream through you. There is a large group of angels who are assigned to facilitate this change on Earth, and they know each and every one of you by name. This journey I was on felt so familiar, and once I left

my old body it was as if I knew the way. All the signs were clear, and the love and light I feel all around is a sensation I could never have imagined possible until I felt it. I am one of the angels, and I will be walking hand in hand with those of you who seek my guidance. I have been longing to guide and I asked for it. I am grateful for having had a fulfilling cycle and I will be back for sure. For now, I am here where I belong . . . at home.

Now the angels are coming through:

YOU ARE DEARLY LOVED.

Communication with the other side is always sacred. We celebrate the golden bridge created between your dimension and ours. The process of transition is one of great joy both to those who come home and to those who receive them at the gate. The gate is full of flowers and it is always open. When one enters this gate they have made the transition from a human in duality back to an angel, and there is no going back in the same body. One must return to the selection room and choose a new one. We are all here celebrating the return of one of our dear ones and there is only joy. We ask you to understand that there is no death—only changes from one state of awareness to another. We are part of humanity. As we celebrate the return of family, we also allow you to feel the love and

joy that we feel if you quiet your senses, joining us for just a moment. When you walk across the threshold, arriving back home, you are part of the family of angels that guides and directs humanity from this side. There is no time delay, as there is no time on the other side. We hold you dear and always make your return a reason to celebrate, honoring your path. Many of you believe that your journey is about one thing. However, from the other side of the veil, it is another. You celebrate one's life based on what they achieve, and we celebrate one's life just for walking the walk, viewing this life based on how they felt while doing whatever they were doing. From here everything that you do is similar in importance and honored by all. A janitor and the chairman of the corporation that heads the physical space in which this janitor works are looked upon as equal. It is their individual thoughts, feelings, and vibrations that we celebrate after one's cycle ends since none of the trophies, certificates, or the fortunes one collected throughout a physical life can be taken back with them. Your thoughts, feelings, and vibrations, however, stay with you for eternity. None of what you have achieved on your spiritual journey is ever lost as you accumulate power, wisdom, and spiritual fortune from one lifetime to another. Karmic debts—cleared and paid off—will never come back. The wisdom you gained and the light you created to illuminate your sur-

roundings do accumulate, and are deposited in your akashic bank account for eternity.

Your journey looks very different to us, from our perch, than it does to some of you who are walking the walk of a human in duality. There is a great story that is now unfolding in front of your eyes and it is the merging of our dimension with yours. In fact, both of the dimensions are merged; they always were and always will be.

So what is the difference, some of you may wish to know?

The difference is that we always had access to yours, but now more and more of you have access to our dimension. Once you gain that access, you instantly expand the idea of who you are, beginning to realize, then, the mission and role that you came down here to play. You call this process enlightenment or ascension, and we call it coming home. You have been walking in the thick forest looking for answers, trying to find clues as to who you are, what the purpose is of all this pain, this suffering, this hate on the one side, while on the other side there is only joy, happiness, and love. As we hug you tightly we say: this is the most sacred journey an angel can make when she wants to learn about energy. You are a vibrating manifestation of spirit. You contain within you aspects of God, and as such, you

wish to explore your own magnificence through creation. In this unique place you are shielded from your true identity and you have free choice at any given moment. Your free will is expressed through the choices you make and the energy that you emanate while making those choices. The walk of an angel on this planet is known to all as this journey is one which offers you the widest spectrum of energy from which to choose. You can be the brightest star or a black hole. Both options are available to you and whatever you choose is honored. When you come home you do not pay for the choices you have made. You only “pay” for the energy you created when you return to the same playing field through the law of karma.

Your idea about heaven and hell was attributed to the life you lead after your life in this physical dimension ends. However, it was meant to refer to your life in the physical dimension. None of the rules of your duality apply when you come back home.

What do you wish us to do, some may wonder?

Celebrate, we say with a smile. Celebrate, *celebrate because you are eternal*, and what most of you are fearful of is death. When you know that no such thing exists, you are free to fly and soar above the reality of survival, becoming the angel. Your awareness is the fortune that

you accumulate throughout your cycles in this physical third dimension. Everything around you is created for you to have context so you can grow and learn. You live, breathe, give birth, and go through physical death in a holographic movie created for the purpose of your exploration of energy. What we ask you, then, is to explore, fear not, live and breathe every moment knowing that you have asked to be here so you can grow, adding to the system you call God.

Some of you may ask, *So what is the purpose of all this lightwork that we are asked to do?*

You are so dearly loved, and as we hug you we remind you that you have asked to be on this planet so you can fulfill a mission, a desire, that you have held for eons throughout your many cycles. You were waiting for this time when the biggest shift happens so you can play your part using all the knowledge you have gained throughout your many lives. You have asked us to remind you and you have promised yourself that this time you will remember. The time is now and we are your alarm clock. You set up the timer to ring at the eleventh hour and it's time. You are ready and you have all the know-how within you. When you awaken, all your cells begin to sing a different tune which is heard in heaven, supporting the alignment of Earth's vibration with higher dimensions. You are the piece

that this puzzle is missing in order to be complete. For this puzzle to be whole, you must wake up and begin to vibrate at your highest potential. When you do, you, your brothers and your sisters worldwide create a web that links all of you like a grid. You may then elevate the rest of humanity through your own resonance. You do not need to know the others, nor do you need to be aware of the type of energy that you emit. The work is to become one with self.

How do we become one with self, some may ask?

Through self-love, we answer with a smile. It is always the same answer. Love is the highest frequency, bridging all dimensions and realities. For you to ascend to the next level you must vibrate with love. First to self and, as you walk with self-love, your resonance begins to spread to others. We never said that vibrating with love is like a walk in the park. You have walked, you have learned all the skills needed to vibrate with love, but accessing them, clearing away those parts which block love from flowing freely through you, is your mission. It is, indeed, the most sacred mission at this time. You are asked to elevate your whole existence and begin to levitate rather than walk. The process of becoming lighter is through allowing more light into your system. We ask you to allow more light to flood your physical vessel from within. It will support your

cellular structure and help you cleanse. The more light you allow inside, the lighter you become and the easier it will be for you to levitate, defying the forces of gravity. Love is light; the sun emits light; light is stored in chlorophyll, and light is part of each cell in your body. You are light and we are light. When you give us your hand you allow even more light into your system. It is a joyful time for us to be bridging our dimension and touching your heart. If you wish to link with us just hold your left hand on your heart with your right hand on top of the left. You will feel us, then, all around joining in with our invisible hands. You have asked us to be here with you. Now you must trust that we heard you, that we are here ready to guide you and to love you throughout this journey. You are so dearly loved, and so be it.