## The Dye of Love

You are at a crossroads and all that you experience seems to pull you away from your path. It is a test and a test it is. Now you must decipher what your aim is and stay focused.

OU ARE DEARLY LOVED.

What is my aim, you may ask?

Your aim is to be one with yourself and as you move forward, know that you are loved every moment. You have been riding on a roller coaster. The twists and turns are getting sharper. The ride is accelerating. Staying balanced and connected to your center is your goal. We are here to hold your hand when you need us but we cannot do the work for you. It is on you to create the bridge between you and us. We are here waiting and you are to open your cellular memory so you can receive that which is all around you.

What are my cells to remember and I to receive, you may inquire?

## The Dye of Love

With a smile we hug you and say, "Love." What else!

Why then am I having so much difficulty with my relationships, some may wonder?

You are now reliving all the residues of past expressions in one lifetime—this one. It is intense and it is necessary for you in order to progress.

Why is it so, some may inquire?

It is the season of tests. You must pass final exams where you can utilize all you have learned in order to graduate. You must use your mastery to navigate between all the unfinished lessons of past expressions, clearing them one by one as you move higher and higher to a place where your vibration reaches the intersection where *your* dimension meets the *other* dimension—the dimension of spirit. This is your goal.

Why must it be so painful, some may wonder?

With all love, it is not, is our answer.

Know that as you move from one test to another you must hug yourself all the time and love yourself all the time. Take care of your biology. Become one with your vessel. To move upward you must have energy, and your "fuel" must be flowing with no blocks so you

can be one with the energy of acceleration. It is more important than ever to sleep enough and rest enough. Much of your work is done while sleeping, and we ask you to listen to your body. When you are tired, do not fuel your body with artificial accelerators, but allow it to rest.

When is it going to end, some may want to know?

This is just the beginning, is our answer.

From our vantage point you are at the edge of the joy ride. You are still at the "flat" section moving and edging closer to the "drop." Once the "joy ride" begins you must go along with it, and all you can do, all you must do, is surrender to it, becoming one with the ride. With all love, we wish to impart to you that you must be in a love state all the time. This is your goal and your challenge. You will face continuous challenges and obstacles. Your goal is to allow that which comes to pass through you, and as it moves through you, to sprinkle it with love vibration, adding light to it. You are energy and vibration. You are connected to all that is all the time. We wish to use a metaphor to allow you to feel the process. When you pour a drop of food-coloring dye into clear water the whole glass of water becomes colored by the drop of dye. You are the dye and the drop is the drop of "love." When you mix your en-

## The Dye of Love

vironment with just one drop of a concentrated dye, all who are around you will be colored by your energy. It is the way of it.

How do we practically do it, some may wonder?

We ask you to be in the awareness of Hollywood.

We thought Hollywood was all fake and manufactured, some may ask in dismay?

This is precisely your story. We wish to use metaphors again so you can feel rather than intellectualize your reality. You are in a movie theater. All that you now experience are reruns of segments and programs that have played in your past expressions but were not resolved. You are in a loop of sorts. Your goal is to allow these reruns to take place without believing them or becoming entangled in the scenes. These reruns offer great temptation for you because they carry an emotional residue of unfinished business, so they are very alluring. You may feel enticed to become part of that scene and to play your role all over again. With a hug we wish to tell you that the reruns will return as they must. The surest way to not be anchored by endless reruns is to be in the awareness that you are seeing old movies from past expressions that no longer offer you the same learning as they did in the past. These movies are there to show you bits and pieces of uncompleted learning so you can become peaceful, releasing them.

Why are there so many, some may complain?

You are all old souls and you have traveled on Earth many times, therefore you have accumulated many unfinished stories. Now it is a time of graduation and you must finish all the unfinished homework in a relatively short period of time.

How, some may ask again?

Become peaceful, go inside and become the observer. Do not try to understand what is going on because at times it may be inaccessible to you. View it like you are watching a movie and understand that you are not the movie, but a spectator. Form a feeling about the scene that is unfolding in front of you. Breathe this scene into you, exhaling it once and for all. With each breath, exhale that unfinished scene. As you let it go, add your dye of love potion to it. You must observe and remain peaceful. If you choose to become involved in the movie that is playing, claiming once again that you are "right" or you are the "victor," you again keep the energy of the movie alive to be played over again as a rerun. We know how much some of you love your reruns on TV. We know that it is comforting to some know-

ing what will happen and how it will end. We ask you to become the director of a new movie and to let the rerun aspects of your unfinished lessons clear away. It may be entertaining to watch all over again your favorite "episode" on TV, but contrary to your reruns on TV, these offer mainly unfinished aspects that you may perceive as negative or heavy. It may be expressed in your relationships or your biological vehicle. You are watching many reruns at the moment. Since you have experienced these episodes before and you know the endings, we ask you to stay balanced this time. The reason the rerun comes back yet again is because last time you were not balanced and did not use love when it was appropriate. Know that this is how you move from the old to the new. You must stay balanced. Even if the episode playing out is one that carries intense emotional energy, breathe it in all the way and exhale it using love. Each breath you take, remaining balanced and using love, you are releasing old scripts, making space for the new movie to be created—a movie where you are the director.

How do we know that we are doing the right thing, some may inquire?

It is simple to tell, is our answer.

When you watch the episode taking place and you become involved in the episode you must then go through it again. There is never a judgment. You are loved and honored the same. Why would you want to do it again, is our question to you? When the familiar "episode" is coming again, always on time, you watch it unfold, staying calm. You observe the pattern and geometry of the interaction or the action of the movie. You say to yourself, "Wow, this is so familiar. It is a rerun and I am going to observe this one from the side." Then when the whole thing plays out, you breathe it in as if it was air, then you exhale it. As you let it go, spray it with love, and we can assure you that this same rerun will not return. It may try again at times but you must remember what you did and do the same.

Does it mean that we need not talk or act, some may ask for clarification?

The rerun involved you, so at times you must talk and act. It is in the awareness that the key to this release is hidden. When you feel the old familiar opening act of this "episode" that you have watched so many times before, we ask you to become the observer of the movie. Tell yourself that now you are aware that it is a movie playing in front of you and allow it to play as it must. At this time you are facing many reruns which hold you back from moving into your mission—becoming

the director of your movie. You are dearly loved and you are the ones who chose to be the warriors coming to a dimension where there is much more hidden from you than revealed. You are an angel and you are powerful to create within this dimension that which you choose. You may create joy or pain, light or darkness. Ascension is alchemical transformation. Any powerful transformation must begin with awareness. Any powerful transformation must begin with love and must also begin with intention. When you create the triangle of awareness, love, and intent, you will remain balanced like a pyramid—your wide base anchored in the Earth, your awareness in the heavens, the dimension of spirit. The spiraling of energy must begin from the wide base coiling higher and higher to the dimension where you meet your self with wings. This is the melding of body and spirit. There are so many who wish to become one with God through neglecting and abusing their bodies. It is through the body that you must ascend. Without a body you do not need to ascend because you have already ascended. The marriage of body and Spirit must encompass loving your vehicle and accepting all parts of it. Some of your religions and spiritual establishments teach about moving higher by separating body from spirit. They actually are asking you to remove your engine before you begin the journey of ascension. Your engine is your sexual energy; it has been so corrupted intentionally by those who wish you

to be weak and malleable that it is your greatest challenge at this time...to transform your idea about sexuality, using it to move higher.

You have been given a body and it is sacred. All of it. The parts of the body that are meant to give you pleasure are the opening vortexes to your higher dimensions. You link through pleasure. Some of your institutions knew of the power of pleasure. They knew that a society that is guided by pleasure and freedom to explore will not seek war, dominance, or instability. Instability is how your society and institutions believe that you create growth. When your body is out of balance it creates growth which manifests as cancer. The same "cancerous growth" also applies to your society and your planet. Progress in your current awareness is created through instability, through wars, through famine, through pain. Your society first creates imbalance and then develops ingenious ways to balance that which is out of balance. If you look back at your science, so much of your current understanding of the physics and mechanics of your resources was developed through wars, through painful imbalances. Much of your progress in medicine is fueled by your need to address modern imbalances from polluted natural resources and lifestyle. With all love, we wish to impart to you that, when a negative stamp was placed on your sexual energy, it began the path of moving away from

the sacred feminine Goddess to a place of imbalance. The feminine Goddess energy holds the key to a balanced planet, and it must come back to its central role. It is pivotal that you go through the memory and pain of repressed sexual cellular memory, releasing it.

How do we do that, some may wonder? Do you wish us to become promiscuous and have more sex with others, some may inquire?

With a hug, we wish to tell you that you are linear and you see only that which is in front of you. We ask you to use great discretion when you use this energy. Create sacredness around your sexual energy; never use it with negative intent. Honor your own sexuality and honor yourself when you use sexuality. We see many who use this energy in a way that diminishes, not honors, the self. We ask you to be in the awareness that it is your most powerful tool at this time to move forward, so learn about yourself, ask to be guided and to be shown ways to connect with your sacred vortexes. Do not use it without mixing it with love and without mixing it with awareness. Do not fear it and do not avoid it, but always be in the awareness that you hold the key to your own ascension. You cannot, though, move very high without releasing the pain stored within your cellular memory. Many of your reruns involved sexual energy. Many of your "dramas" and "episodes"

come back to you because of unresolved issues. We ask you to purify and create a sacred space before you mix. Hold a ceremony. Ask to be shown the way to release and celebrate your power. Do not mix when your body is numbed or enticed by substances because that is how you invite lower vibrational frequencies to your energy fields. Your intoxication allows space in your field for energies that do not have your best interest in mind. They find it much easier to "take over" when your senses are influenced by drugs, alcohol, and other substances or medications. These energies are attracted to sexual energy because it gives them a boost as well. They ride on it for their own pleasure and learning. We impart to you that you must be fully present with your biology and awareness when you mix with another or use sexual energy. Create a space that is protected, always asking for the highest outcome, using only love and light as purifiers for any intruders. This journey is about you moving closer to yourself. You know all that we know. You came here to awaken, to shine your light during the most challenging and glorious time in human history. It is time to get out of your beds and walk the walk of a master using your tools. You have sent for us to join you. We ask you, with all love, to wake up, to become the master that you are, and so be it.