

## The Leaf

**Y**OU ARE DEARLY LOVED.

Only some are meant to walk the highest path in each cycle, yet even for those, it rarely feels high enough. Higher may not be easier, and *the climb* is your mission at this time. Keep moving despite the challenges and obstacles. As you climb, you pull with you all the rest. This is how it works. The few pave the way, energetically, to a new frequency of being. You are the ones who chose to introduce a melody that was never heard before on this precious planet. There are many melodies playing; all are divine, all serve a purpose. It is the higher octave that is now being utilized to allow your abilities to expand.

*Why don't we feel like we are making a difference, you ask?*

This is not about you feeling special and your ego being stroked. You know who you are and why you came here. Our stories are familiar to you. At night you do not sleep because you relive your purpose in visions. We see many who try to forget why they are here, be-

coming very busy with physical life: making a living, supporting a family, being involved with community, even finding time for charity work. It is all wonderful, all sacred, but it is not your purpose, and deep within, you know it. You feel that you are trying to be the best you can be, but inside it does not feel good enough. It's not because you are failing, but because the way you were brought up to see yourself and measure your path is changing. Your physical reality is merging with the astral. It is now on you to play in both fields and be comfortable juggling 3-D with All-D using the same body, same senses, same feelings, with the same breath, yet knowing that in one reality you are a human going through the human experience while, in the other, you are an intergalactic angel playing in fields reachable only with wings.

Many of you are concerned with your physical actions. From our perch, your actions are as important as your feelings, thoughts, and dream time. The reality of multidimensionality must be learned like any other skill. This know-how is inside of you and you must wish for it. For your know-how to be activated, sprout, and reach the light, you must water your seed buried in the soil. Your seed knows that it must strive to break the surface and reach to the light. All the movement inside you and around you is cyclical, or circular, in essence. Many of you are amazed to find yourselves back

in the beginning, just when you thought that you may have reached the end. It is so because you always move in circles, and as you propel to higher and higher elevations the circle is being stretched into an upwards spiral. It is the movement of ascension, and the pressure pulling up and pushing from below is intensifying. Internally and externally pressure is being built on your systems, being expressed through what feels like emotional whitewater rafting. This is your time to shine by allowing the movement to move through you and to trust. We have been sharing for some time now how to prepare. More and more of you are now being awakened to why you are here, beginning to dance with the wind. To dance with the wind you must hold still. Like a leaf you are being twirled up, down, and sideways while maintaining your leaf form. It is so because your consciousness must practice letting go of what you know and who you think you are. There is a divine purpose to the chaos that is expressed in and around you. Are you holding on to the pole when you feel the blowing wind threatening to carry you away? We ask you to do the unthinkable and loosen your grip on that pole, knowing that you are safe.

Your insurance certificate is not given to those who hold on but to those who let go. The intense powerful movement within you and outside of you is your guide. You are asked to let go of what is heavy in your

life. Let go of those things that keep you anchored and release your grip on the poles around you. Many of you fear that your identity will vanish. We ask you to move deep inside the cavity of your heart and, from the sphere of light planted in each one of you, connect to the love that is all around you, knowing that nothing is ever lost. By loosening your grip, you allow your reality to rearrange itself, serving your highest path.

*How does this chaos end up serving me, you may wonder?*

Funny, how you believe that human society creates order while nature is chaos. In fact, the reverse is closer to our truth. Your attempt to control movements all around you disturbs the natural order. When an intensely emotional event takes place in your physical reality, we ask you to become still. Allow all this movement in and around you to create some havoc within you while you remain still. We ask you to not react. This energy that is carried by emotional upheaval holds an immense potential that you can use to move higher. As the emotions flowing inside of you range from fear to rage to sadness to feelings of revenge or hate, allow and allow without moving. Your game has just begun. The kickoff action that prompted the movement is a Big Bang, the same bang that holds the potential for infinite expansion, as long as you do not react.

*Why not react, you may wonder?*

The emotional Big Bang event is sacred and contains within it all the potential for endless expansion. Yet, you do not have easy access to the big picture because of the emotional storm that is taking place inside of you. This storm has the potential to delve into the deepest oceans, then to carry you soaring to the highest peaks within a matter of minutes. When you react to an intense emotional event, you have chosen to freeze your current level of understanding of what took place. From that point on, all your emotional energy, rather than teaching you while empowering you to explore and dive into the depths of your story, remains in the shallow water anchored by your response. The longer you hold off on reacting, the larger your energy expands. If you have been hurt and you lashed out, your geometry has now become fixed in the shape of anger. You have determined within you that what had happened went against your wish or well-being. In the universal playing field nothing is arbitrary or coincidental, and your experience is created by you for the purpose of guiding you higher. An intense emotional event, like a storm, presents a sacred opportunity to use the movement of energy to spread your wings to fly. As the seconds tick by, which turn into minutes, hours, even days after the Big Bang, if you have conquered your desire to react, choosing to remain still, allowing the move-

ment within you to rage and storm, you have mastered one of the most untapped energy sources in your tool box. As time passes, when you allow the event to be filtered down, moving through the deepest layers of your consciousness without being stopped, you are nearing your truth. As you dive into the depth of your ocean, glimpses of why and how begin to surface. From a devastating bang a short while ago, that may have shaken your core, new realizations begin to stream in and you may begin to discover the golden string of love that had attracted this bang into your reality. When your outlook changes and you have reached a quieter, more peaceful space in relation to the bang, know that you have won the lottery, picking the winning numbers, elevating yourself to the highest potential within the scene that was introduced to you. Mastery is hard work. Holding still and staying open in the face of immense flows of energy is challenging.

*How do I remain still in the face of a difficult event, you ask?*

Continue to breathe deeply and slowly, moving to a witness platform from which you can observe yourself not reacting. Allow second by second to pass, resisting the temptation. Allow your mind to form many responses but act on none of them. Do not choose; do not form an opinion; do not take sides; do not lock

yourself into a story. Do not tell anyone a script—especially yourself—and just feel. Feel the uncontrollable tsunami of emotions pass through you, and just remain still. Your mind will fight, asking you to choose, and we ask you to not choose but remain still. All the different versions of responses will flow in and out of you; just watch, just breathe. This is mastery at its best. Everyone can get angry and lash out, but how many can remain still in the face of immense adversarial experiences? The longer you hold off reacting, just breathing, allowing the energy to freely flow within you, the larger your energy field grows around your vessel and the more powerful a transformation you will experience, riding the wave. Many of the events you chose to classify as painful, hurtful, and pure misery are your ticket to becoming liberated from your current version of reality. We ask you to board the plane when you get the ticket. To most of you, these events are something to dread. We ask you to get yourself ready. Learn to breathe slowly and deeply during times when great excitement is taking place in or around you. You hold within you an immense power to choose your channel of reality, so we ask you to be still and allow the movement to settle within you before you fixate it on this or that channel. The sphere of light inside your heart is your magic chalice and it holds the power of the universe within it. Finding the key to the lock where this chalice hides is your aim. You contain within you a key

to the secrets of the universe. All is contained within you. The chalice guards your light. When you open the door to where the chalice is stored, all the secrets are revealed and there are no more questions, as you know all that you need to know to walk your walk. All your situations and dramas are but gateways to ascending to higher grounds. You must move from the storm into the eye of the storm and find peace inside while all around you wind is raging. Your aim is to be one with the movement yet experience peace at the same time. You must surrender, allowing whatever comes to sway you, while you remain without resistance, taking in the currents of energy, letting them move through your vessel, propelling you higher and higher. The more open you are to the experience, allowing your consciousness free rein to search, feel, merge, delve, to become tossed and turned while remaining open, the closer you will be to unlocking the lock. Once found, you have entered a new reality. Each gate represents a new understanding of yourself along with the forces that operated in and around you. You are standing at the gates of a New Sun. You are beautiful and you are loved. You have come so far. We ask you to open your wings and jump, knowing that you were meant to fly. With a hug we remind you that there are no victims, there is no arbitrary anything anywhere; all that you meet on your journey as a human angel has a purpose. We ask you,

then, to open yourself to that purpose; ride on it higher than ever before, and so be it.