

## The Movie Theater

**S**HALL WE BEGIN? During the course of a day, you may experience fluctuations of emotions, which can vary from elation to despair, from joy to sadness. It requires very little, from our perspective, for you to move yourselves from one point of the scale to the other. You are easily manipulated and are able to express the gamut of emotions within one breath. *So what?*, you may ask. We have told you that your emotions are energy. We also told you that there are those who benefit from a certain emotional range that is known as fear. There are still those who harvest those energies known to you as anger. It is the emotional ability you possess that so many in the universe are after. You are unique in that regard.

Your emotional scale carries the seed of spirit. It is powerful. When your emotions are in line with the energy of spirit, it travels to the far reaches of the universe instantaneously. You may encounter events in your day-to-day life that can make you feel like the light, white ball in a ping-pong game. It is the illusion we wish to tell you about: You are using much of your energies to feed dark-

ness rather than the light. If you are watching a movie, which may include happy scenes and sad scenes, in the back of your mind you know that the movie's story is an illusion created for your entertainment, education, or enjoyment. You know that when you step out of the theater you will be waving goodbye to the movie and returning to your "real life." You have chosen to pay money, stand in line, and sit through the movie in return for you gaining an experience.

You have access to whatever experience you choose as there is a large selection to choose from. We wish to tell you that from where we stand looking at you, it is a movie that you are experiencing in your "real life." That is why we love you so. It is because you choose to be shielded from the fact that you are sitting in a theater. You were blocked from having our seats. **We want you to know that those daily life scenes you were crying on or laughing at and those scenes that made you cringe or smile are events produced for you in the world of "spirit-Hollywood" so you can grow spiritually and evolve.**

*I can feel the pain; this is for real*, you may say. The movie that you are in is multi-sensory, and, yes, it includes all your senses. It is only by quieting all the senses that you can experience reality. *Why then am I here?* , you may ask. *Why am I going through all this just to learn how to quiet all this stimulation?* This is your test. We want to re-

mind you that you designed it in such a way that you can pass it with flying colors every time. There is not a single human on earth who came to this life bound to fail his or her test. We wish to help you pass your own test. You can call us the tutors of light. We wish you to succeed. Like a test in school, there are trick answers made to steer you away from the correct answer. These distracting options may seem similar and even logical, but they will still give you the wrong answer. You know that  $2+2=4$ . If you answer 5, it is close, but is it a false answer.

As you breach your current level of consciousness and ascend in your vibration, you are generating more light. There are those who feed on darkness. They wish you to generate the kind of emotions they can use. They do it by tipping the scale oh-so-lightly to move your response from one end of the scale to the other. They are masters of illusions, and they perfected their moviemaking techniques to such a level of mastery that most of you believe it is reality you are experiencing. You are the master. It is your test. You paid for it. You purchased the ticket to watch the movie of your choice. You are part of spirit. Your essence is love. You have come to experience an environment of free choice, one in which spirit is hiding inside of you, and you need to discover it one action at a time, one emotion at a time. **By discovering the light within you, you pass the test, you change everything. We wish to tell you that your feelings are your tools. Use them**

**appropriately and you will have access to the most powerful treasure on earth: you.**

*What will I gain by quieting my senses?*, you may ask. When you try to speak with someone during a rock concert, you may lose the subtleties of the conversation. Spirit communicates with you all the time. You are linked. It is through finding a quiet space in which no outside noises overshadow the message that you can gain insight to the message being conveyed. When you are immersed in a deafening noise, the message of spirit likely will not come through.

*Why do I need this message?*, you may ask. Love, joy, compassion, happiness, balance, harmony, health, and beauty are the experiences you asked for. At times those are shielded by despair, anxiety, anger, depression, and sickness. You may have chosen to take the movie you paid for too seriously and be too affected by it. You believed in it and became one of the characters. Instead of using it as a tool for growth, you became its victim. Do you like being schemed? Manipulated? Angry or depressed? We would like to hold you by the hand for just one moment and carry you out of the movie theater. We wish to show you that it is only a movie. We wish to give you the comfort of “home” where there is only love and light, and where no duality exists. We promise that after this “intermission” from the movie, as you go back to your

seat and watch it until the end, whatever your experience may be, in the back of your mind you will remember the feeling of your true home. You will know inside that it is only a movie made for your entertainment, so you will be more committed to be entertained. You may also decide that this movie is not for you and walk out only to become a director of a new movie. As director, you possess the tools to create the new “movie” that you wish to see, the one with the happy ending.

Like tutors who provide their students with a technique to pass an exam, we only wish to give you tools so that you may choose the correct answer for you. It is a special time for you. It is the test season on planet Earth. Light is coming in, and it becomes stronger by the day. Your light, the one generated from the energy of your actions and thought, is growing. Those who feed on emotions of fear and anger are threatened by this new light. It is light that transforms darkness, and not the opposite. Light is active. However, those of darkness will create many movies to try and manipulate your emotions so they can continue their feeding frenzy. If you remember that it is up to you to choose whichever movie fits you, and that it is only a movie, you will stay with the energy of light, love, joy, and balance regardless of the movie’s content.

This is our message for today. We hold your hand all the time. We feel you all the time. We walk beside you all the time. You are never alone. You are always loved. To feel our hands you need to find a quiet spot. It is in the absence of stimulation that you may experience us, because we are subtle, like you. You have taken a body, and we did not. When you go home, you are with us, and we are just like brothers and sisters, and so be it.